



## Arts in Care Homes Special

### UPCOMING EVENTS

#### Shed Tours

Weds 27th April 2pm  
Free for NAPA Members

#### Basic Risk Assessments

Weds 11th May 9.30am  
£31.50\*

#### Support & Share

Mon 16th May 2pm

#### Tea Tuesday

Tues 17th May 2.30pm  
Creative Aging Festivals

#### Activities for People with Differing Abilities

Weds 18th May 10am  
£62.50\*

#### How art inspires people with dementia to communicate and express themselves

Thurs 19th May 11am

#### A PAL Masterclass with Jackie Pool

Thurs 19th May 2pm  
Free for NAPA Members

#### Wellbeing Walk

Weds 25th May

#### Life Story Workshop

Weds 1st June  
£62.50\*

#### NAPA Conference

Weds 15th June

#### National Arts in Care Homes Day

Sat 24th Sept

\*NAPA Members receive 60% off

**CLICK HERE TO VISIT OUR  
EVENTBRITE PAGE AND BOOK**

### Welcome to NAPA News

To receive this directly to your inbox, sign up **HERE**



NAPA is delighted to launch **The National Day of Arts in Care Homes 2022 #AICH2022**.

This is an annual event (now in its fourth year) that takes place on 24 September. The aim of this event is to champion the benefits of arts in care settings for all involved, promote the amazing stuff going on and encourage more!

Get Involved by organising an activity, sharing best practice and attending online events.

Please organise an event on the day itself, or several in the week leading up to Saturday 24 September, involving any kind of art form. It could be dance, painting, poetry, drama, drawing, crafts, multi sensory, singing, making music, sculpting, modelling, decorating... it's up to you and your creative care community! Please have fun planning, preparing and being creative together.

This year, we have an international theme and we are inviting other countries to join us on the day. Perhaps your event could reflect the nationalities of all those taking part in some way?



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Live 6-7 July 2022 | NEC, Birmingham Online 4-5 July 2022

**Uniting The Care Community**



UKCAREWEEK.COM

## Register

Please register your event **HERE**

It really helps us with our evaluation, so we know how many care settings participate. We may also use the information you share with us in our evaluation report and other promotions.

## Get Involved Pack



If you're short of ideas or need inspiration, please download our Get Involved Pack **HERE**.

As well as suggestions and useful resources, in the pack you will find a We're Taking Part certificate.



Please show your support for #AICH2022 by printing this out and sharing pictures of members of your care settings holding it, on social media using #AICH2022.

## Supporters

We are proud to be working with some amazing arts organisations for this year's event.

"We're supporting the NAPA National Day of Arts in Care Homes because we know the value of celebrating and incorporating the arts in care home activity planning. We've seen, first hand, the joy and sense of belonging that the Arts can bring. Time to eradicate fears and stereotypes and be creative in our approaches"

**Charlie Blair, The Blair Academy**

"We're supporting the NAPA National Day of Arts in Care Homes because the arts are great conversation starters, and they help people express themselves in new ways."

**Judy Parkinson, Drawing Life**

"Forget-me-not Chorus are delighted to join the NAPA Arts in Care Homes Day to celebrate the work of carers across the nation and internationally. As a charity who reaches people from Wales to New Zealand, we can't wait to bring some joy to all who will take part in this special day."

**Kate Woolveridge, Artistic Director Forget-me-not Chorus**

## Having an 'Arty Party'

by **Thessa Verwolf, Relationship Centred Care Coordinator, Nightingale Hammerson**

"We love a party at Nightingale Hammerson, and we always try to celebrate our very culturally diverse team. For example, we had a tropical, carnivalesque Art's Day last year, which was great fun.

Some suggestions for a lively event:

- Sitting down Zumba really gets your heart rate up, but is still accessible for a less mobile group of people.
- What do you need after all that moving about to J-Lo's tunes? A drink! Make a menu with the resident's favourite cocktails/ mocktails on it, like Evie's Espresso Martini, Gerald's Gin and Tonic and Margie's Margarita.
- After drinks, the conversation can get quite jolly. To keep this lovely atmosphere going, put some little cards on the table with questions like:
  - Do you think that aliens exist?
  - What is the most expensive thing you have broken?
  - What is the funniest joke you know by heart?

It is always fun to make some of the party decorations yourself. You can find bunting templates online to draw on, or you could make tissue paper flowers together to put on the table. A little more prep, but ceramic flowers on wooden sticks are gorgeous for garden parties as you can stick them in the ground.

We cannot wait for this year's National Day of Arts in Care Homes!"



Photo by Nightingale's ceramicist Emily Chilvers



### Suggested Activity



NAPA loves getting dressed up for a party. This fun activity, Mardi Gras masks from The Baring Treasury of Arts Activities, might be a nice thing for participants to do in the runup to your big day. Make sure all your guests have a mask to wear too!

Download the activity [HERE](#)

Credit: Artcore.

### #FieldofFlowers



NAPA and Drawing Life invite you to help us to link up with partners across the world by creating an international #FieldofFlowers on 24 September.

Have fun in your care settings making drawings, paintings, photographs or 3D models of flowers. Share pictures online on The National Day of Arts in Care Homes, using #AICH2022 #FieldofFlowers. Our lead image is a sunflower, which is also the national flower of the Ukraine, but you are welcome to share images of any type of flowers real or made up. Let's work together to plant a #FieldofFlowers to blossom on 24 September.

Download the NAPA AICH Field of Flowers Drawing Sketchbook [HERE](#)

### #CareHomeTwinning

On 24 September, we will launch our new pen pals initiative, #CareHomeTwinning, linking up care settings to share ideas and inspiration.

In the run-up to the day, we will be linking care settings in the UK with settings in other countries, to work on creative activities together. If you are interested in getting involved, please contact us [HERE](#)



### Get creative and join us online

You can also join in the celebrations and discussions by attending NAPA online events. See NAPA [Eventbrite page](#) for details

Upcoming event: Tea Tuesday Creative Ageing Festivals  
Click on the image to book your free place



With thanks to our funders

**The Baring Foundation and The Rayne Foundation**



**The Rayne Foundation**

**The Baring Foundation**