



UPCOMING EVENTS

Support and Share Network

Mon 11th April 3-4pm

Shed Tours

Weds 13th April 2pm

Weds 20th April 2pm

Weds 27th April 2pm

Free for NAPA Members

Creative Reminiscence with Museum of Brands

Tues 19th Apr 10.30am-12pm

Thurs 21st Apr 3-4.30pm

Free for NAPA Members

Limited Places

Technology in Care - Activities Workshop - beyond Tik Tok!

Weds 20th Apr 10am-1pm

£62.50*

Tea Tuesday

Creative Dance Activities in Care Homes

Tues 26th Apr 2.30pm

Tea Tuesday

Tues 17th May 2.30pm

Creative Aging Festivals

A PAL Masterclass with Jackie Pool

Thurs 19th May 2pm

Free for NAPA Members

Wellbeing Walk

Weds 25th May

*NAPA Members receive 60% off

**CLICK HERE TO VISIT OUR
EVENTBRITE PAGE AND BOOK**

Welcome to NAPA News

To receive this directly to your inbox, sign up **HERE**

We are delighted to launch our **New Easter Pack** free for NAPA Members. Ideal for anyone planning activities over the Easter period.

Head to The Shed to download your copy.

Check inside for two bonus resources

- Easter Sketch and Colouring Pad
- Easter Bonus Pack



*Click to
Enter*



Easter Pack

NAPA Easter Pack



Happy
Easter



Live 6-7 July 2022 | NEC, Birmingham Online 4-5 July 2022
Uniting The Care Community



UKCAREWEEK.COM

NAPA-ACTIVITIES.CO.UK

CLICK TO DOWNLOAD HERE

NAPA Every Day



Exciting news!

On Friday 1st April we launched our new daily digital magazine **NAPA Every Day**.

Every single day of the year you will find new content relevant to activity and engagement including:

- **Blogs**
- **Articles**
- **Resources**
- **Guidance**
- **Best Practice examples**
- **News items**
- **Research and project calls**
- **Event and training information**

Hilary Woodhead said -

'The new magazine format has been created following requests from NAPA members for new content every single day, we can't wait to hear your thoughts!'



To download an activity to accompany The Grand National click [HERE](#)

Draw a Bird Day



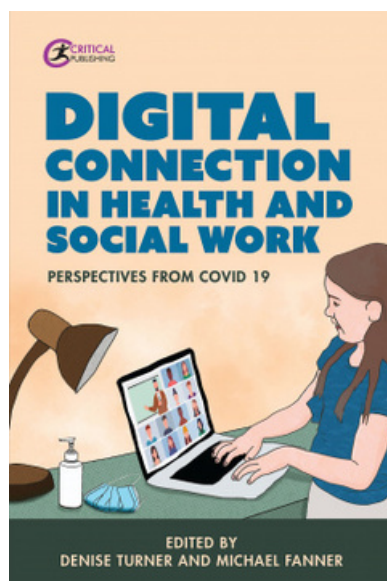
Draw a Bird Day is on Friday 8th April. To get involved all you have to do is draw a picture of a bird and share it with someone. Find out more about the day and the beautiful true story that inspired it [HERE](#)

Would you like to take part but need a bit more help and inspiration? Isobel from Medley has developed a **free resource** to send out (simple bird outlines to draw and two paintings showing different bird species, each with an outline blank to colour). She is also planning a **free 40 minute Zoom workshop for care settings** on the day, 8th April, at 2pm. During the workshop she'll play some birdsong and bird video clips and share some tips as residents try the drawing and colouring (which will be emailed out in advance).

To receive the resource and the Zoom link, please email Isobel Murdoch [HERE](#) confirming if you hope to attend the Zoom session or if you prefer just to receive the art resource to use in your own time.

Share pictures on the day using #DrawaBirdDay

New Blog



Read this blog to know a little more about the book that NAPA have contributed to.

This is an easy-to-read and accessible book, which brings together thirteen authors from the frontline of Health, Social Work and Social Care, who chart their different use of digital technology during the Covid-19 pandemic.

Click on the image to read the blog.

British Library Event



Photo: Daniel Regan, Seeing Sounds project

Listening Together: Sound, Memory and Wellbeing Symposium (Free) Monday 25th April 2022, 10am-5pm British Library Knowledge Centre, London

Join this symposium to hear a range of presentations sharing findings from the Unlocking Our Sound Heritage project. Bringing together heritage and health practitioners, artists and therapists, this interactive event will explore the potential of sound to serve as a powerful wellbeing tool.

The British Library alongside ten Hub partners has been using the rich content from its sound archives to develop new programmes and resources that inspire creativity, stimulate memory and enhance wellbeing. Sounds that draw on nature including birdsong, music and poetry, or coastal life, have been used to engage and support individuals with various needs.

From improving mental health and supporting people recovering from brain injuries, to inspiring new resources for people living with dementia and their carers, learn how stories and sounds from the nation's audio collections have been used to combat isolation and enhance wellbeing.

Knowledge Centre, The British Library, 96 Euston Road, London NW1 2DB.

Book [HERE](#)

QCS Gets Gold Accreditation



Nikki Walker, QCS Chief Executive Officer

Congratulations to QCS who have won Investors in People gold accreditation. QCS won praise from Investors in People, an internationally recognised standard for people management, for instilling a workplace culture that puts people first.

Care Home Friends



More young people are encouraged to become Care Home Friends. Introducing the new 'Become a Care Home Friend' Intergenerational Challenge for young people aged 5-14

In this exciting 10 week challenge, young people will:

- Think more about different ages and different generations
- Learn about care homes and the people that live and work in them
- Make/write something to share with a nearby care home

The Challenge starts on 25th April in Global Intergenerational Week and ends in Care Home Open Week. It is an initiative from My Home Life England and The Linking Network. Sign-up [HERE](#)

Care Home Entertainers



If you are planning an event and need an entertainer, we have a register in our members-only area, The Shed, to help you. Click on the picture above to be taken to The Shed.